

February 2012: Community Screenings & Classes

Free Health Screenings & Classes

At no cost to you. Open to the public. Get a broader picture of your health, and your risk for disease. Visit chsbuffalo.org/events or call (716) 447-6205 for details. Screenings vary by location.

- **Buffalo Auto Show**

February 8, 9 & 10 @ 4:00 p.m. to 8:00 p.m.

February 11 & 12 @ 11:00 a.m. to 4:00 p.m.

Buffalo Convention Center

153 Franklin St., Buffalo, 14202

Blood Pressure, Diabetes & Cholesterol

- **Buffalo Bills Alumni Health Screening**

February 11 @ 8:00 a.m. to 4:00 p.m.

Mercy Comprehensive Care Center

397 Louisiana St., Buffalo, 14204

Vascular, Cardiac, Cancer, Blood Pressure,

Diabetes & Cholesterol

(pre-registration is required)

- **St. Pius Church**

February 15 @ 1:00 p.m. to 4:00 p.m.

1700 North French Rd., Getzville, 14068

Blood Pressure, Diabetes & Cholesterol

- **Clarence Senior Center**

February 22 @ 10:00 a.m. to 12:30 p.m.

4600 Thompson Rd., Clarence, 14031

Blood Pressure, Diabetes & Cholesterol

- **Reducing Your Risk for Diabetes**

February 24 @ 1:30 p.m.

Clarence Senior Center

4600 Thompson Rd., Clarence, 14031

- **St. Luke's Mission of Mercy**

February 25 @ 11:00 a.m. to 2:00 p.m.

325 Walden Ave., Buffalo, 14211

Blood Pressure, Diabetes & Cholesterol

- **WNY Health Expo**
February 26 @ 10:00 a.m. to 3:00 p.m.
Erie County Fairgrounds Event Center
5600 McKinley Pkwy., Hamburg, 14075
Blood Pressure, Diabetes & Cholesterol
- **Mercy Hospital Heart Month Health Fair**
February 29 @ 10:00 a.m. to 2:30 p.m.
Mercy Hospital Gym
565 Abbott Road, Buffalo, 14220
Blood Pressure, Diabetes & Cholesterol

Lifeskills Diabetes Self-Management Classes

Four-part series. Fees may apply. To register, call (716) 447-6205

- **Sisters of Charity Hospital**
February 4 & 18
9:00 a.m to 11:30 a.m.
2157 Main St., Buffalo, NY 14214
(pre-registration is required)
- **Kenmore Mercy Hospital**
February 7, 9, 14 & 16
6:00 p.m. to 8:30 p.m.
2950 Elmwood Ave., Kenmore, NY 14217
(pre-registration is required)
- **Mercy Hospital of Buffalo**
February 8, 9, 15 & 16
9:00 a.m to 11:30 a.m.
565 Abbott Rd., Buffalo, NY 14220
(pre-registration is required)

Childbirth Education Classes

Fees may apply. To register, call (716) 447-6205

- **Prepared Childbirth Classes**
Five-Week Class at Sisters Hospital
February 8 – March 7 @ 7:00 p.m. to 9:30 p.m.
2157 Main St., Buffalo, 14214

- Prepared Childbirth Classes
Four-Week Class at Mercy Hospital
February 7 - 28 @ 7:00 p.m. to 9:30 p.m.
565 Abbott Rd., Buffalo, NY 14220
- Prepared Childbirth Classes
Four-Week Class at Sisters Hospital
February 21 – March 13 @ 7:00 p.m. to 9:30 p.m.
2157 Main St., Buffalo, 14214
- Prepared Childbirth Classes
Mercy Hospital
February 4 @ 8:00 a.m. to 5:00 p.m.
565 Abbott Rd., Buffalo, NY 14220
- Prepared Childbirth Classes
Mercy Hospital
February 18 @ 8:00 a.m. to 5:00 p.m.
565 Abbott Rd., Buffalo, NY 14220
- Prepared Childbirth Classes
Sisters Hospital
February 11 @ 8:00 a.m. to 5:00 p.m.
2157 Main St., Buffalo, 14214
- Preparing to Breastfeed
Sisters Hospital
February 9 @ 6:00 p.m. to 8:00 p.m.
2157 Main St., Buffalo, 14214
- Preparing to Breastfeed
Mercy Hospital
February 29 @ 7:00 p.m. to 9:00 p.m.
565 Abbott Rd., Buffalo, NY 14220
- Sibling Classes
Sisters Hospital
February 18 @ 9:30 a.m. to 10:45 a.m. OR 11:00 a.m. to 12:15 p.m.
2157 Main St., Buffalo, 14214
- Sibling Classes
Mercy Hospital
February 11 @ 9:30 a.m. to 10:30 a.m.
565 Abbot Road, Buffalo, 14220